

## Holistic Program for

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### Wholes

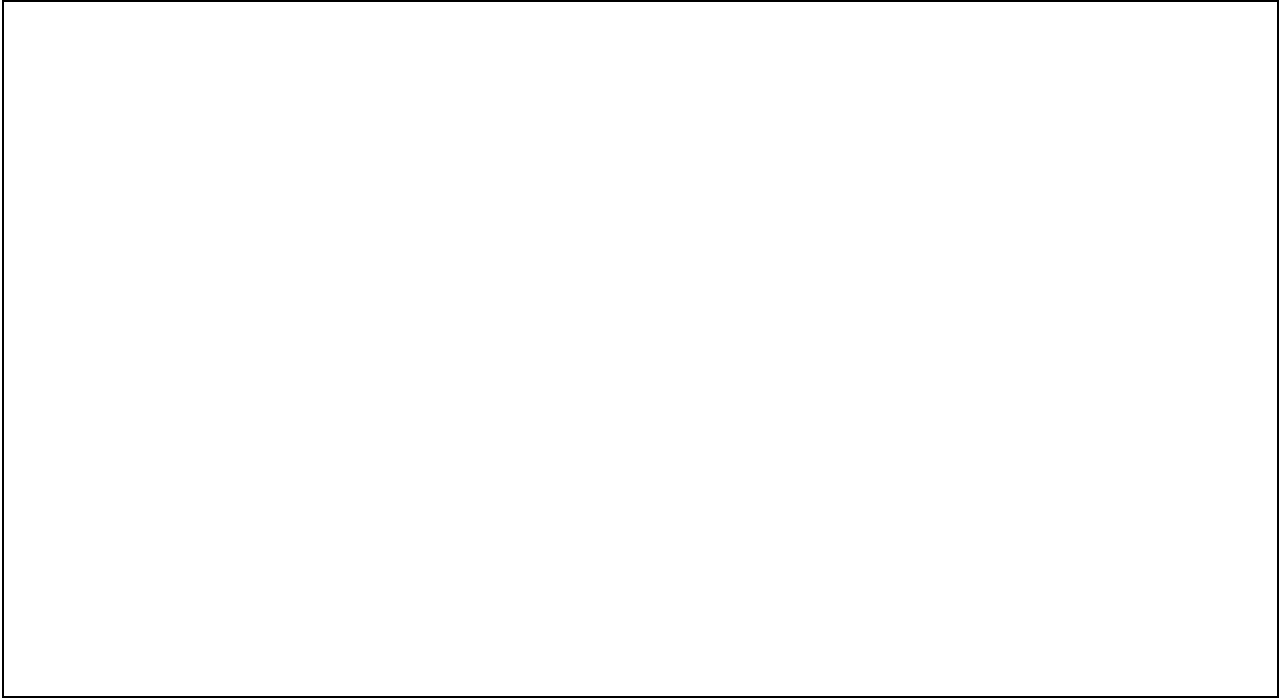
*What other wholes am I a part of in this life, and what are my roles and relationships?*


### Inventory

*What is my current state?*

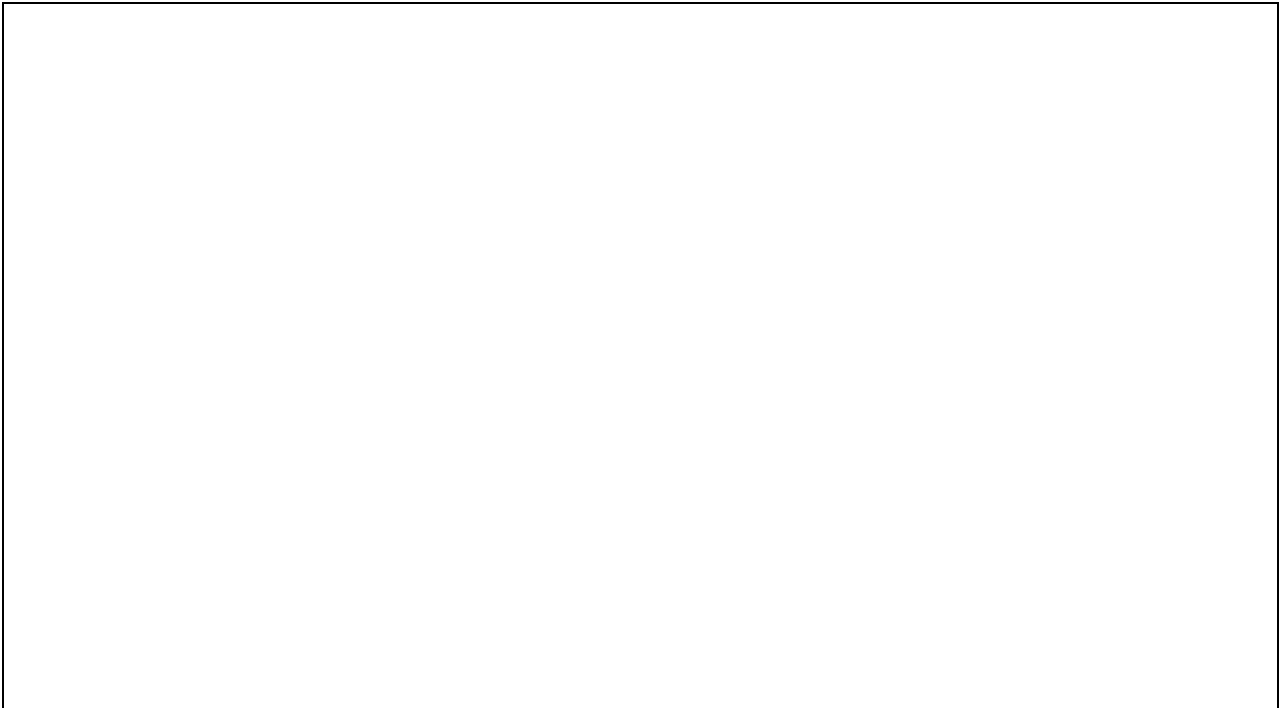
## **Envision**

*Who do I want to be?*

A large, empty rectangular box with a thin black border, intended for writing or drawing a response to the question 'Who do I want to be?'. The box is completely blank.

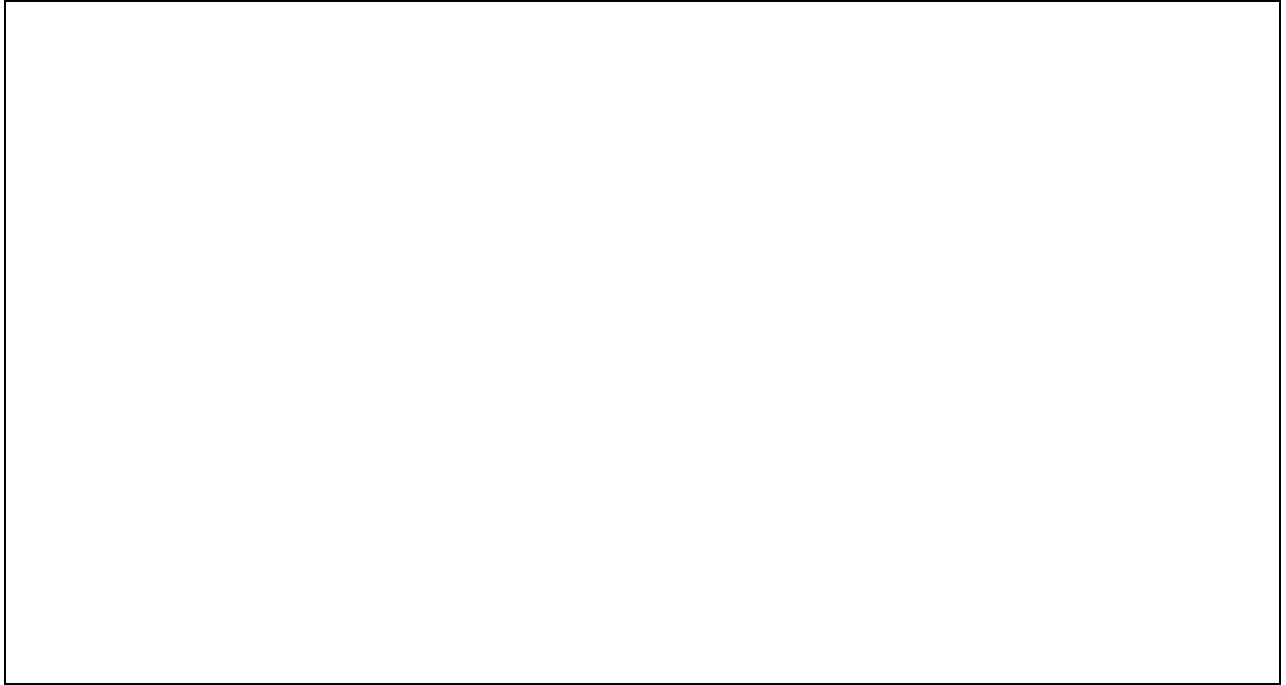
## **Design**

*What are the actions I need to do to reach my vision?*

A large, empty rectangular box with a thin black border, intended for writing or drawing a response to the question 'What are the actions I need to do to reach my vision?'. The box is completely blank.

**Remove**

*What prevents me from achieving my design?*

A large, empty rectangular box with a thin black border, intended for the user to write their response to the question above.

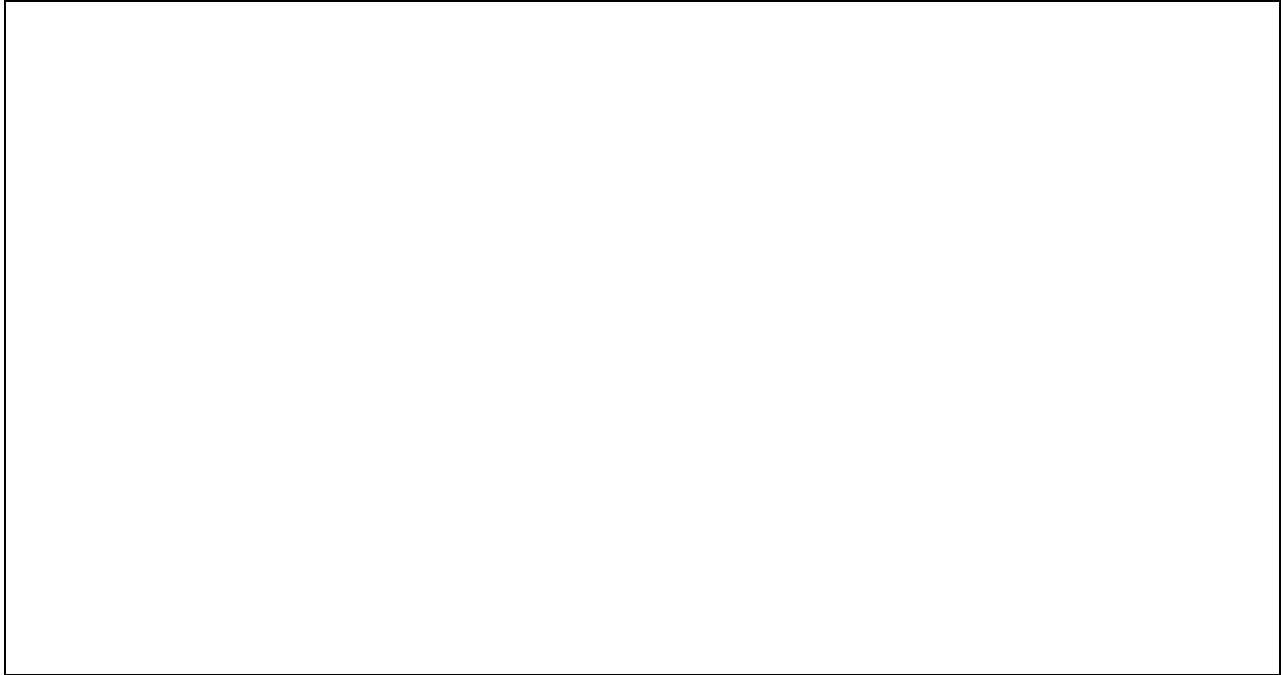
**Create**

*What project can I work on now that will further my design?*

A large, empty rectangular box with a thin black border, intended for the user to write their response to the question above.

**Maintain**

*What do I need to do on a daily/weekly/seasonal basis to ensure I am fulfilling my design?*



**Advance**

*What ideas do I have for the future?*

